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| **Rules of Play** Spring 2021 | **U5** | **U6** | **U7** | **U8** | **U9** | **U10** | **U11** | **U12-U14** | **High School** |
| ***Game Minutes*** | *20* | *24* | *28* | *40* | *40* | *50* | *60* | *60* | *60* |
| ***Breaks*** | *qtr* | *qtr* | *qtr* | *qtr* | *qtr* | *half* | *half* | *half* | *half* |
| ***Referees*** | *1* | *1* | *1* | *2* | *2* | *1 plus 2 assistants* | *1 plus 2 assistants* | *1 plus 2 assistants* | *1 plus 2 assistants* |
| ***Game Ball Size*** | *3* | *3* | *3* | *3* | *4* | *4* | *4* | *5* | *5* |
| ***Field Size*** | *20 x 30* | *25 x 30* | *30 x 40* | *35 x 45* | *40 x 60* | *46 x 60* | *50 x 70* | *70 x 110* | *50 x 70* |
| ***Game Format*** | *3v3 (+-1)* | *3v3 (+-1)* | *4v4 (+-1)* | *5v5 (+-1)* | *6v6 (+-1)* | *7v7 (+-1)* | *8v8 (+-1)* | *11v11* | *9 v 9* |
| ***Goalie*** | *No* | *No* | *No* | *Yes* | *Yes* | *Yes* | *Yes* | *Yes* | *Yes* |
| ***Goal Kicks*** | *Goal Area* | *Goal Area* | *Goal area* | *Goal area* | *Goal area / offensive team outside the*  *Penalty Box* | *Goal area / offensive team outside the*  *Penalty Box* | *Goal area / offensive team outside the*  *Penalty Box* | *Goal area / offensive team outside the*  *Penalty Box* | *Goal area / offensive team outside the*  *Penalty Box* |
| ***Throw-Ins*** | *Rethrow OK* | *Rethrow OK* | *Rethrows OK* | *No Rethrows* | *No Rethrows* | *No Rethrows* | *No Rethrows* | *No Rethrows* | *No Rethrows* |
| ***Corner Kicks*** | *Yes* | *Yes* | *Yes* | *Yes* | *Yes* | *Yes* | *Yes* | *Yes* | *Yes* |
| ***Offside Penalty*** | *No* | *No* | *No* | *No* | *No* | *Yes* | *Yes* | *Yes* | *Yes* |
| ***Fouls*** | *Indirect Kick* | *Indirect Kick* | *Indirect Kick* | *Indirect Kick* | *Direct/Indirect Kick* | *Direct/Indirect Kick* | *Direct/Indirect Kick* | *Direct/Indirect Kick* | *Direct/Indirect Kick* |
| ***Kick Distance*** | *5 yards* | *5 yards* | *8 yards* | *8 yards* | *8 yards* | *10 yards* | *10 yards* | *10 yards* | *10 yards* |
| ***Penalty Kicks*** | *No* | *No* | *No* | *No* | *Yes* | *Yes* | *Yes* | *Yes* | *Yes* |
| ***Heading*** | *No* | *No* | *No* | *No* | *No* | *No* | *No* | *Yes* | *Yes* |
| ***Field Coaching*** | *all games* | *all games* | *No* | *No* | *No* | *No* | *No* | *No* | *No* |
| ***Substitutions*** | *At End Of Quarter* | *At End Of Quarter* | *At End Of Quarter* | *At End Of Quarter* | *At End Of Quarter* | *Limited: goal-kicks, score, own throw-ins or during*  *an injury stoppage with referee approval* | *Limited: goalkicks, score, own throw-ins or during an injury stoppage with referee approval* | *Limited: goalkicks, score, own throw-ins or during*  *an injury stoppage with referee approval* | *Limited: goalkicks, score, own throw-ins or during*  *an injury stoppage with referee approval* |
| ***Build-out***  ***lines*** |  |  |  | *Build-out*  *Lines/ no punts* | *Build-out*  *Lines/ no punts* | *Build-out*  *Lines/ no punts* |  |  |  |
| ***Casts and Jewelry:*** *In practices and games players may wear padded casts (only by the discretion of the referee) No wearing any kind of jewelry.* ***This applies to metal/plastic hair beads, bobby pins, or barrettes, No earring allowed, Not even taped.*** | | | | | | | | | |
| ***Coaches*** *(no more than 2) must remain on players' side, one yard from the touchline, in the technical box (if present). May not cross midfield or be behind or next to goals.* | | | | | | | | | |
| ***Spectators*** *must remain on the opposite side from the players, two yards from the touchline (sideline). May not be behind or next to the goal area.* | | | | | | | | | |
| *The home team is blue and Supplies the Game ball. No MCSA recreational team will play more players than the other team has on the field at any time. If at game time the total numbers of substitutes are 4 or less (Both teams combined) teams may play the required numbers of players as SPECIFIED on the schedule +/- 1 player unless prohibited by the age coordinator. When substitutions are 5 or more (Both teams combined) the two teams MUST share players as necessary so that games play with the maximum numbers for their age group per field as articulated on schedules.* | | | | | | | | | |